



# Head's Up (... date)

Welcome to the 'May Bank Holiday' edition!

Monday 3<sup>rd</sup> May 2021



If you recall from a couple of years ago, our pupils wanted to make a genuine contribution to us becoming a greener school. As such, we stopped selling drinks in plastic bottles. Since then, we estimate we have saved over 1,000,000 bottles going to land-fill. The pupils have challenged us to do away with the paper, disposable masks by the end of the coming Bank Holiday – Tuesday 4<sup>th</sup> May. So, the weekend is here! **Please help support us** in ensuring your child uses a washable mask, so that we can continue our Green Crusade.

## FE news for Year 11s and their parents

Twilight Explorer Evening:



The Skills Academy 22<sup>nd</sup> June: <https://www.eventbrite.com/e/the-skills-academy-year-10-twilight-explorer-evening-1-tickets-150760258993>

The Skills Academy 23<sup>rd</sup> June: <https://www.eventbrite.com/e/the-skills-academy-year-10-twilight-explorer-evening-2-tickets-150763956051>



Redcar and Cleveland College – 29<sup>th</sup> June: <https://www.eventbrite.com/e/redcar-and-cleveland-college-year-10-twilight-explorer-evening-1-tickets-150746325317>

Redcar and Cleveland College – 1<sup>st</sup> July: <https://www.eventbrite.com/e/redcar-and-cleveland-college-year-10-twilight-explorer-evening-2-tickets-150758967129>

Stockton Riverside College - 6<sup>th</sup> July: <https://www.eventbrite.com/e/stockton-riverside-college-year-10-twilight-explorer-evening-1-tickets-150727789877>

Stockton Riverside College – 7<sup>th</sup> July: <https://www.eventbrite.com/e/stockton-riverside-college-year-10-twilight-explorer-evening-2-tickets-150758477665>



NETA – 6<sup>th</sup> July: <https://www.eventbrite.com/e/neta-training-year-10-twilight-explorer-evening-1-tickets-150765111507>

NETA – 7<sup>th</sup> July: <https://www.eventbrite.com/e/neta-training-year-10-twilight-explorer-evening-2-tickets-150921928551>

## Attention YEARS 10 and 11 for those of you interested in a career in Health or Childcare

Careers in Health: [https://youtu.be/ZqUi4\\_Fyx5o](https://youtu.be/ZqUi4_Fyx5o)

Careers in Childcare: [https://youtu.be/3cw1\\_9dNDQs](https://youtu.be/3cw1_9dNDQs)

## COVID-19 Testing Sites – New Test Centres

!! We're urging everyone without coronavirus symptoms to get tested twice per week, especially if you're leaving the house regularly for things like work and school. ✅ A number of community testing sites are now open across the Borough, where you can be tested or collect a home testing kit. 🙌 There's no need to book in advance or bring ID. For all the information you need, visit [www.stockton.gov.uk/coronavirus/testing](http://www.stockton.gov.uk/coronavirus/testing)



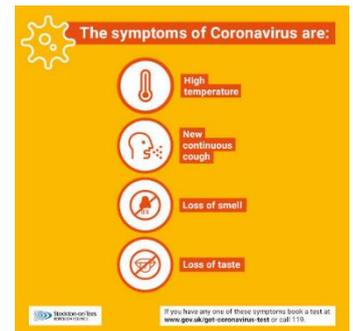
## Let's take this next step safely



⚠️ Coronavirus is still very serious and we're not out of the woods yet. Please keep following 'Hands. Face. Space. Fresh Air' to reduce your risk of infection. That means: 🧼 Wash your hands regularly for 20 seconds. 😷 Wear a face covering when shopping for essentials. 🚶 Keep 2m apart from anyone not in your household. 🌬️ And remember, keep letting fresh air in. 🏠 Remember, you can meet up to six people or one other household - but it must be outdoors.

## Symptoms

If you have any COVID-19 symptoms you MUST self-isolate and book a test. Everyone in the household also needs to stay at home and not leave the house, even for shopping or exercise. Don't forget the symptoms you need to look out for (insert graphic attached).



**Self-Isolation & Preparation**  
Be prepared in case you need to self-isolate, here is a handy checklist of practical things you can do

<https://www.stockton.gov.uk/our-people/coronavirus-covid-19/advice-and-guidance-for-residents/preparing-for-self-isolation/>

If you need more support while self-isolating contact the COVID Community Support Team on 01642 733906 or email [covidcommunitysupport@catalyststockton.org](mailto:covidcommunitysupport@catalyststockton.org) lines are open 9am-12noon, Monday to Friday.



## COVID-19 Vaccine

Have you just had your coronavirus vaccine? NHS Tees Valley CCG has more details on what to expect after having the jab

here: [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/976891/PHE\\_COVID-19\\_What\\_to\\_expect\\_after\\_your\\_COVID-19\\_leaflet\\_V4.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/976891/PHE_COVID-19_What_to_expect_after_your_COVID-19_leaflet_V4.pdf)

### Self-isolation payments:

If you're on a low income and you can't work because you've been told to self-isolate, you could be eligible for a £500 payment. Parents or carers on a low income who have to look after a child who is self-isolating could also be eligible. For more information, visit [www.stockton.gov.uk/coronavirus/testandtracesupportscheme](http://www.stockton.gov.uk/coronavirus/testandtracesupportscheme)



### Check before you share

Sharing false information about the COVID-19 vaccine can be dangerous. Make sure you're not contributing to the spread of harmful content online. Check information about the COVID-19 vaccine before sharing it online. The NHS is the best source of information [www.nhs.uk/](http://www.nhs.uk/)

### Update on the Daily Contact Testing (DCT) Schools Clinical Trial

- The Department of Health and Social Care are delivering a national Randomised Control Trial from April – July to test the effectiveness of daily contact testing for staff and students in secondary and further education settings; as an alternative to self-isolation for 10 days.
- Two secondary settings within the borough (North Shore and Grangefield) have been selected to take part in the intervention arm of the study. Over the summer term, students or staff members who are close contacts of a positive case within school (another staff member or student) will have the option to come into school and have a rapid LFD test each morning for 7 days, and continue with their school day if the result is negative. Individuals will then be required to self-isolate outside of the school setting (evenings and weekends) during this time.
- It is anticipated that the trial results will be evaluated over the summer period, with a view to assessing if daily contact testing is an effective strategy that can be used by all secondary and further education settings.

## New arrivals in the Janes and Parkinson Households

### *Sebastian John Janes born 31<sup>st</sup> March 2021*



Thank you to all the staff and pupils who have set their congratulations, to me and my wife, on the birth of our new baby boy. It has been wonderful to spend some time at home with him over the last couple of weeks, but I am also glad to get back to school, this week, with all of the children at Ian Ramsey.

### *Florence Parkinson born 24th April 2021*



In addition, Mrs Parkinson gave birth to her second child Florence last Saturday. We have of course sent our congratulations to her and her family from everyone at Ian Ramsey. Such joyful news during what has been a very difficult and challenging time for us all.

### **PRAYER for newcomers – Psalm 127:3**

“Children are a gift from the LORD; they are a reward from him.” Bless these children and all those we care for. **AMEN**